

PLACE	NAME	DIV	DIV PL	LAP1	LAP2	LAP3	LAP4	PACE	TIME
1	Andrew Miller	M35-39	1/3	57:26	55:34	59:19	1:00:56	8:54	3:53:13
2	Adam Boyle	M35-39	2/3	57:36	57:12	1:01:04	1:07:43	9:18	4:03:33
3	Emily Stenhoff	F35-39	1/3	1:02:24	1:03:58	1:06:58	1:10:17	10:04	4:23:36
4	Masaru Furukawa	M35-39	3/3	1:07:00	1:05:12	1:06:00	1:07:37	10:09	4:25:47
5	Adam Devins	M25-29	1/2	1:02:05	59:25	1:03:14	1:37:23	10:46	4:42:05
6	Randy Amble	M45-49	1/3	1:07:00	1:05:11	1:13:10	1:19:33	10:52	4:44:53
7	Paul Gosenheimer	M40-44	1/3	1:04:23	1:07:09	1:09:33	1:25:53	10:57	4:46:56
8	Michael Smith	M30-34	1/3	1:13:34	1:12:23	1:13:20	1:17:40	11:20	4:56:55
9	Laura Hoban	F35-39	2/3	1:13:29	1:12:47	1:17:49	1:19:30	11:35	5:03:33
10	Gus Lang	M40-44	2/3	1:02:30	1:04:58	1:14:44	1:44:43	11:43	5:06:54
11	Jesse Fletcher	M25-29	2/2	1:00:39	1:11:53	1:26:40	1:33:12	11:55	5:12:22
12	Tammy Zyduck	F50-54	1/2	1:14:25	1:18:45	1:27:59	1:15:00	12:04	5:16:08
13	Rebecca Alexander	F50-54	2/2	1:14:02	1:17:04	1:27:38	1:31:08	12:35	5:29:50
14	Nick Zanoni	M55-59	1/1	1:13:34	1:17:43	1:25:30	1:38:12	12:47	5:34:56
15	Alice Ambrowiak	F35-39	3/3	1:19:02	1:21:35	1:26:29	1:31:04	12:54	5:38:07
16	Liana Jones	F30-34	1/1	1:18:42	1:23:37	1:30:42	1:37:48	13:23	5:50:49
17	Luke Karner	M30-34	2/3	1:21:54	1:25:05	1:36:01	1:34:57	13:40	5:57:55
18	Dominique Beaudin	M45-49	2/3	1:14:25	1:18:45	1:29:57	1:55:42	13:42	5:58:48
19	Rob Smith	M50-54	1/1	1:17:15	1:21:02	1:37:04	1:45:15	13:46	6:00:34
20	James Bostrom	M40-44	3/3	1:13:44	1:16:05	1:43:40	2:04:02	14:24	6:17:29
21	Chris Blachut	M30-34	3/3	1:14:11	1:19:03	1:50:40	2:05:38	14:52	6:29:31
22	Boris Tannenbaum	M60-64	1/1	1:33:11	1:35:16	1:50:53	1:57:20	15:54	6:56:39
23	Matthew Sargent	M45-49	3/3	1:21:55	1:36:16	1:57:24	2:08:55	16:12	7:04:29